

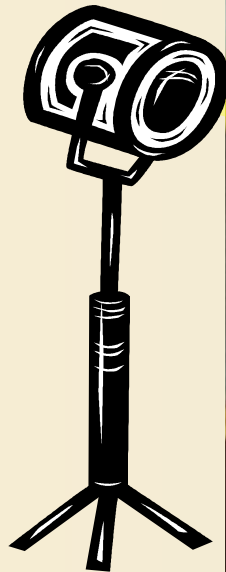
MotivAider®



Helping Kids Change Their Own
Behavior & Habits

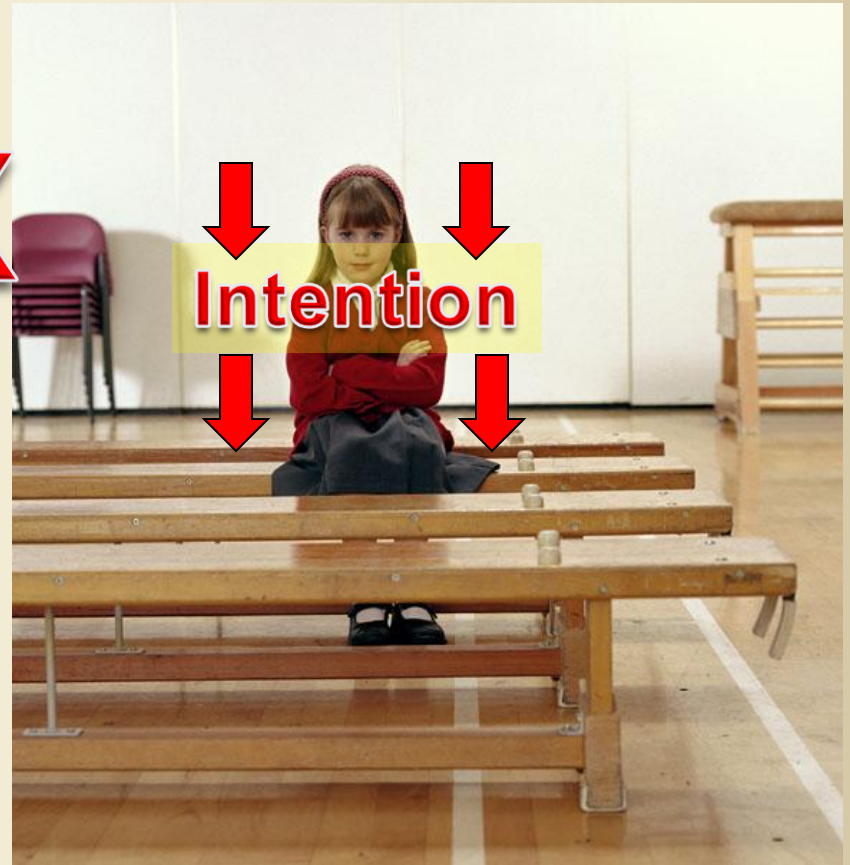
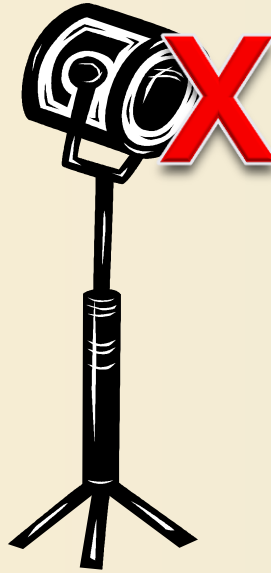
Wanting to Change Isn't Enough

To actually change, a child must focus his attention **repeatedly** on what to do and why to do it.



Unfortunately...

As soon as a child stops paying attention, her good intentions sink to the bottom of the mind.



No Wonder They Fail!

There's no dependable mechanism to **keep** children's attention focused on the changes they want to make.





**Without enough
attention,
there's no chance of
change!**

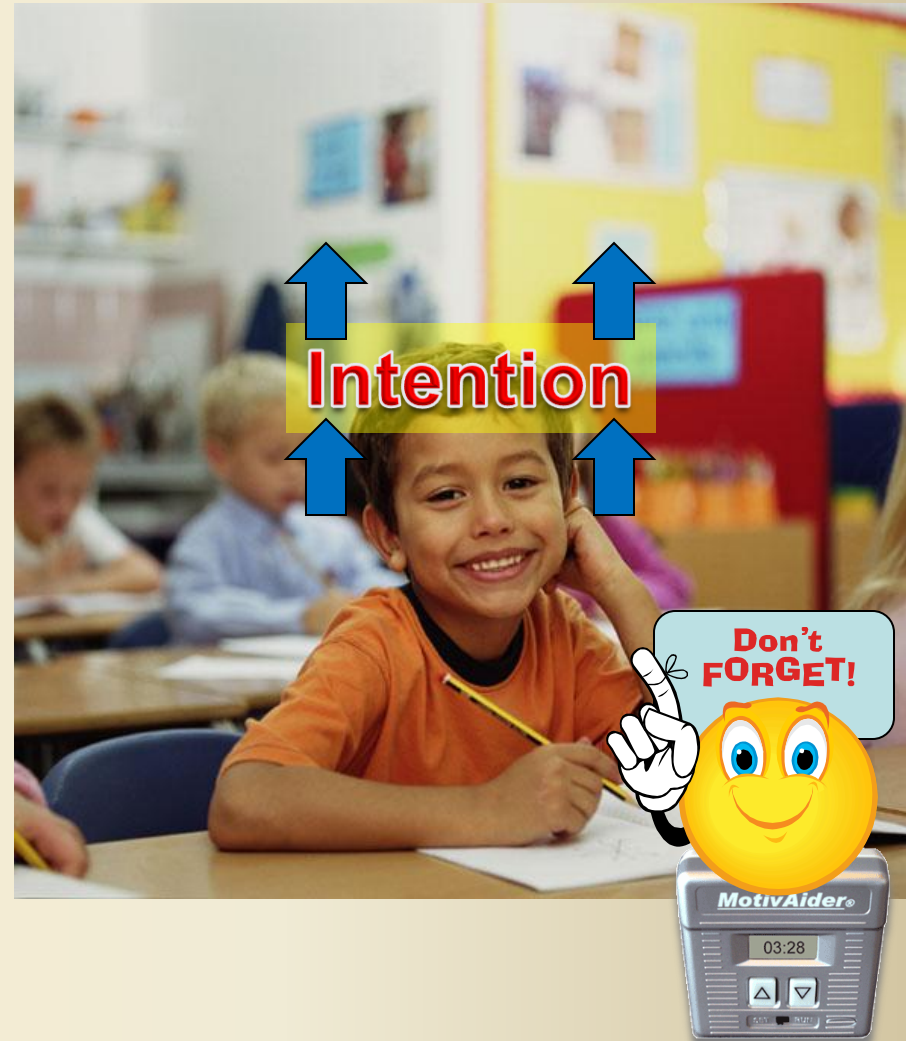
Meet the MotivAider



The MotivAider helps kids change by keeping their good intentions in the spotlight.

It Works In a Simple Way

The MotivAider uses a unique self-repeating signal – *a gentle, silent pulsing vibration* – to privately send children personal reminders.



As Private As a Thought

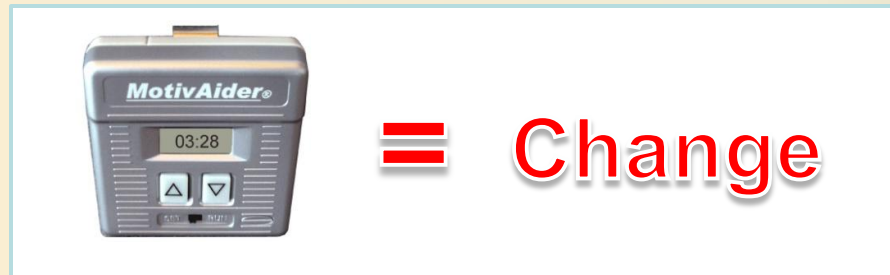
Children store the precise meaning of the signal – **what it reminds and urges them to do** – in their own mind.

Stay on task!



It's Easy to Use

1. Help the child devise a personal message that reminds and urges her to engage in the desired behavior.
2. Help her associate the message with the MotivAider's private signal.



3. Decide how often to have the MotivAider send the child signals. (As often as every few seconds.)
4. Clip the MotivAider to the child's waistband or slip it in her pocket.

Basic Operation

1. Set between-signals interval
2. Activate



Advanced Settings

- Adjust vibration intensity
- Adjust signal duration
- Change input units to seconds
- Send signals at random intervals
- Change display options



What It Means to be *MotivAided*

Whenever the child feels the MotivAider vibrate, he thinks his personal message and is reminded (or reminded why) to make the change he wants to make.



With a steady stream of private reminders
flowing through the child's mind,

...stay on task ... stay on task ... stay on task ...



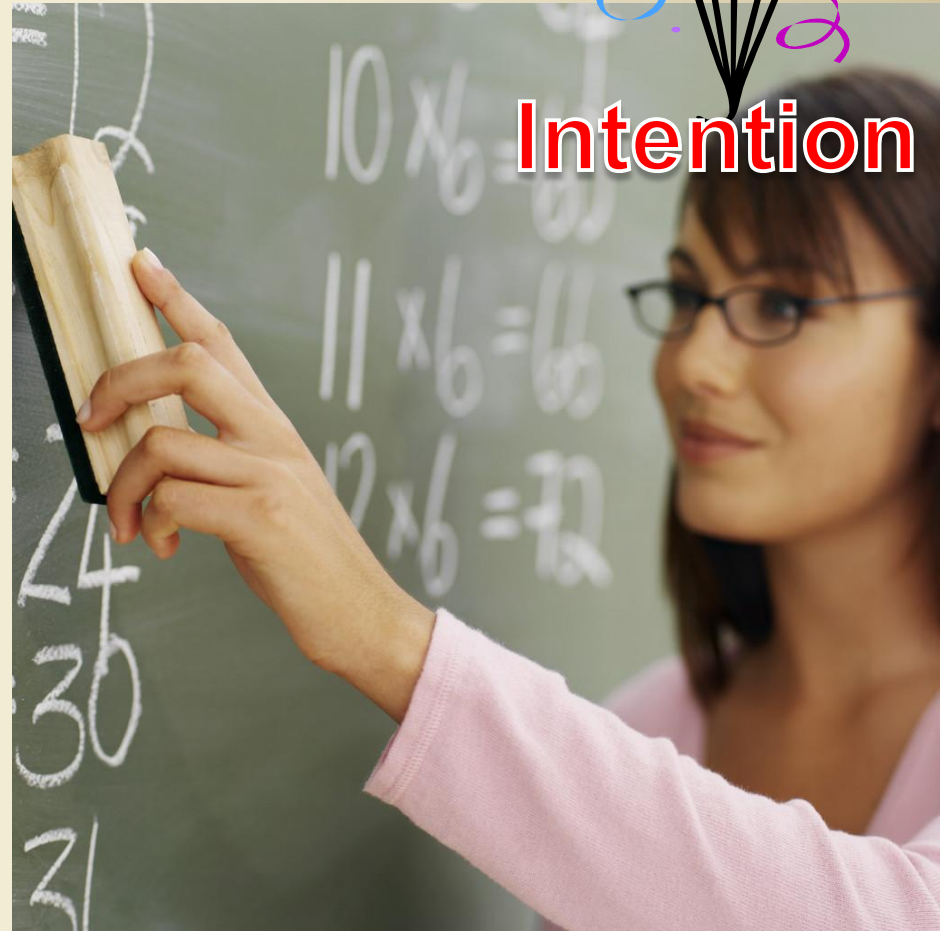
she can stay focused on making the desired
change until the new behavior becomes a self-
sustaining habit.

For Teachers & Parents, Too... Wanting to Improve Isn't Enough



Intention

No matter how motivated you are, your good intentions are only effective when they're at the top of your mind, that is, when **your attention is focused** on them.



Keeping You Focused



Synchronized MotivAiders

Praise Josh
for being on
task



Stay on task!



MotivAider®



Free Lifetime Expert Support
Behavioral Dynamics, Inc.

<http://HelpKidsChange.com>

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